

**33<sup>rd</sup> Annual St. Paul's (Janesville) FLAMES Invitational Cross Country Meet**  
**Co-Sponsored by the Tuesday Morning Optimist Club**  
**September 6, 2013**  
**Results also posted at: [www.stpaulsjanesville.com](http://www.stpaulsjanesville.com)**

**FINAL RESULTS**

PLACE	TEAM	POINTS
1 <sup>st</sup>	St. John Vianney, Janesville	453
2 <sup>nd</sup>	St. Paul's, Janesville	495
3 <sup>rd</sup>	St. Paul's, Ft. Atkinson	608
4 <sup>th</sup>	St. Mary's, Janesville	721
5 <sup>th</sup>	St. Joseph's, Ft. Atkinson	726
6 <sup>th</sup>	St. Paul's, Lake Mills	730
7 <sup>th</sup>	St. Matthew's, Oconomowoc	805
8 <sup>th</sup>	Home School Eagles, Clinton	834
9 <sup>th</sup>	St. William's, Janesville	848
10 <sup>th</sup>	TSL, Watertown	897
11 <sup>th</sup>	St. Matthew's, Janesville	918
12 <sup>th</sup>	Peace, Sun Prairie	919
13 <sup>th</sup>	Immanuel, Freeport	924
14 <sup>th</sup>	OLA, Beloit	976
15 <sup>th</sup>	St. John's, Juneau	986
16 <sup>th</sup>	Eastside, Madison	1068
17 <sup>th</sup>	St. John's, Jefferson	1115
18 <sup>th</sup>	St. John's, Watertown	1132
19 <sup>th</sup>	Our Redeemer, Madison	1136
20 <sup>th</sup>	St. Stephen's, Beaver Dam	1186
21 <sup>st</sup>	St. Patrick's, Janesville	1195
22 <sup>nd</sup>	Holy Cross, Madison	1211

**Explanation:** To determine TEAM POINTS for this meet, we took the first 3 runners for each school for each race and added up the numbers of each group. If a school did not have three runners for a particular race, they got one number higher than the last place person for that race. Grades with more runners pushed last places higher. This scoring method gives the slower runners for a school a feeling of being able to help their school win by adding to the total number even if they are not in the top 3 for their school. Each runner is rewarded with a certificate showing how well he or she did at the meet. **NOTE:** In each box on the FINAL TALLY SHEET, the # in the bottom right corner of each box is the score for that race.

**FLAMES CROSS COUNTRY MEET RECORDS**

<u>Grade &amp; Gender (Year)</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Dist.</u>
4 <sup>th</sup> Girls (2013)	Lily Belzer	St. Paul's, Ft. Atkinson	7:07	1.0 mi.
4 <sup>th</sup> Boys (2013)	Kyle Main	St. John's, Juneau	6:30	1.0 mi.
5 <sup>th</sup> Girls (2007)	Morgan McCulloch	St. William's, Janesville	6:40	1.0 mi.
5 <sup>th</sup> Boys (2004)	Russell Sandvold	St. Matthew's, Oconomowoc	5:49	1.0 mi.
6 <sup>th</sup> Girls (2009)	Kaitlyn Foster	St. John Vianney, Janesville	6:21	1.0 mi.
6 <sup>th</sup> Boys (2005)	TIE Russell Sandvold	St. Matthew's, Oconomowoc	5:53	1.0 mi.
6 <sup>th</sup> Boys (2011)	TIE Blake McCann	St. John Vianney, Janesville	5:53	1.0 mi.
7 <sup>th</sup> Girls (2007)	Madison Dumke	St. Paul's, Ft. Atkinson	6:09	1.0 mi.
7 <sup>th</sup> Boys (2006)	Russell Sandvold	St. Matthew's, Oconomowoc	8:58	1.5 mi.
8 <sup>th</sup> Girls (2003)	Abby Thrams	St. Paul's, Ixonia	5:54	1.0 mi.
8 <sup>th</sup> Boys (2007)	Tommy Meister	St. Mary's, Janesville	8:27	1.5 mi.