

**26<sup>th</sup> Annual St. Paul's (Janesville) FLAMES Invitational Cross Country Meet  
September 8, 2006**

Results posted at: [www.spsflames.k12.wi.us](http://www.spsflames.k12.wi.us)

**FINAL RESULTS**

PLACE	TEAM	POINTS
1 <sup>st</sup>	St. John Vianney, Janesville	349
2 <sup>nd</sup>	St. William's, Janesville	451
3 <sup>rd</sup>	St. Paul's, Janesville	491
4 <sup>th</sup>	St. Joseph's, Ft. Atkinson	566
5 <sup>th</sup>	St. Mary's, Janesville	594
6 <sup>th</sup>	St. Peter's, South Beloit	630
7 <sup>th</sup>	St. Matthew's, Janesville	701
8 <sup>th</sup>	St. Paul, Lake Mills	703
9 <sup>th</sup>	St. Matthew's, Oconomowoc	704
10 <sup>th</sup>	TSL, Watertown	709
11 <sup>th</sup>	OLA, Beloit	758
12 <sup>th</sup>	St. Paul's, Ft. Atkinson	794
13 <sup>th</sup>	St. Patrick's, Janesville	809
14 <sup>th</sup>	St. Mark's, Watertown	900
15 <sup>th</sup>	St. John, Waterloo	981
16 <sup>th</sup>	Holy Cross, Madison	983
17 <sup>th</sup>	Peace Lutheran, Sun Prairie	1000
18 <sup>th</sup>	St. Stephen's, Beaver Dam	1001
19 <sup>th</sup>	St. John's, Watertown	1013
20 <sup>th</sup>	Lebanon Lutheran, Watertown	1033
21 <sup>st</sup>	St. John's, Jefferson	1093
22 <sup>nd</sup>	Our Redeemer, Madison	1101
23 <sup>rd</sup>	St. John's, Juneau	1124

**Explanation:** To determine TEAM POINTS for this meet, we took the first 3 runners for each school for each race and added up the numbers of each group. If a school did not have three runners for a particular race, they got one number higher than the last place person for that race. Grades with more runners pushed last places higher. This scoring method gives the slower runners for a school a feeling of being able to help their school win by adding to the total number even if they are not in the top 3 for their school. Each runner is rewarded with a certificate showing how well he or she did at the meet. **NOTE:** In each box on the FINAL TALLY SHEET, the # in the bottom right corner of each box is the running score for the meet.

**FLAMES CROSS COUNTRY MEET RECORDS**

<u>Grade &amp; Gender (Year)</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Dist.</u>
5 <sup>th</sup> Girls (2004)	Saige Lovell	St. Mary's, Janesville	6:47	1.0 mi.
5 <sup>th</sup> Boys (2004)	Russell Sandvold	St. Matthew's, Oconomowoc	5:49	1.0 mi.
6 <sup>th</sup> Girls (2004) (2005)	Alex Hein	St. Paul's, Lake Mills	6:41	1.0 mi.
	Katie Bagley	Marshall M.S., Janesville	6:41	1.0 mi.
6 <sup>th</sup> Boys (2005)	Russell Sandvold	St. Matthew's, Oconomowoc	5:53	1.0 mi.
7 <sup>th</sup> Girls (2005)	Alex Hein	St. Paul's, Lake Mills	6:17	1.0 mi.
8 <sup>th</sup> Girls (2003)	Katie Schommer	St. Paul's, Ft. Atkinson	6:11	1.0 mi.
7 <sup>th</sup> Boys (2006)	Russell Sandvold	St. Matthew's, Oconomowoc	8:58	1.5 mi.
8 <sup>th</sup> Boys (2004)	Caleb Sandvold	St. Matthew's, Oconomowoc	8:57	1.5 mi.