

**28<sup>th</sup> Annual St. Paul's (Janesville) FLAMES Invitational Cross Country Meet**  
**Co-Sponsored by the Tuesday Morning Optimist Club**  
**September 5, 2008**  
**Results posted at: www.stpaulsjanesville.com**

**FINAL RESULTS**

<b>PLACE</b>	<b>TEAM</b>	<b>POINTS</b>
1 <sup>st</sup>	St. John Vianney, Janesville	349
2 <sup>nd</sup>	St. Joseph's, Ft. Atkinson	420
3 <sup>rd</sup>	St. Paul's, Lake Mills	447
4 <sup>th</sup>	St. Paul's, Janesville	455
5 <sup>th</sup>	St. Mary's, Janesville	459
6 <sup>th</sup>	TSL, Watertown	485
7 <sup>th</sup>	St. William's, Janesville	491
8 <sup>th</sup>	St. Matthew's, Oconomowoc	649
9 <sup>th</sup>	Peace Lutheran, Sun Prairie	663
10 <sup>th</sup>	St. John's, Juneau OLA, Beloit	715 715
11 <sup>th</sup>	St. Matthew's, Janesville	763
12 <sup>th</sup>	St. Peter's, South Beloit	796
13 <sup>th</sup>	St. Paul's, Ft. Atkinson	805
14 <sup>th</sup>	Holy Cross, Madison	907
15 <sup>th</sup>	St. John's, Jefferson	923
16 <sup>th</sup>	Lebanon Lutheran, Watertown	963
17 <sup>th</sup>	Faith Community Christian, Ft. Atkinson	1014
18 <sup>th</sup>	St. John's, Watertown	1032
19 <sup>th</sup>	St. Stephen's, Beaver Dam	1040
20 <sup>th</sup>	St. Paul's, Ixonia	1052

**Explanation:** To determine TEAM POINTS for this meet, we took the first 3 runners for each school for each race and added up the numbers of each group. If a school did not have three runners for a particular race, they got one number higher than the last place person for that race. Grades with more runners pushed last places higher. This scoring method gives the slower runners for a school a feeling of being able to help their school win by adding to the total number even if they are not in the top 3 for their school. Each runner is rewarded with a certificate showing how well he or she did at the meet. **NOTE:** In each box on the FINAL TALLY SHEET, the # in the bottom right corner of each box is the score for that race.

**FLAMES CROSS COUNTRY MEET RECORDS**

<u>Grade &amp; Gender (Year)</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Dist.</u>
5 <sup>th</sup> Girls (2007)	Morgan McCulloch	St. William's, Janesville	6:40	1.0 mi.
5 <sup>th</sup> Boys (2004)	Russell Sandvold	St. Matthew's, Oconomowoc	5:49	1.0 mi.
<b>6<sup>th</sup> Girls (2008)</b>	<b>Madison Dumke</b>	<b>St. Paul's, Ft. Atkinson</b>	<b>6:27</b>	<b>1.0 mi.</b>
6 <sup>th</sup> Boys (2005)	Russell Sandvold	St. Matthew's, Oconomowoc	5:53	1.0 mi.
7 <sup>th</sup> Girls (2007)	Monica Speth	St. Paul's, Janesville	6:16	1.0 mi.
8 <sup>th</sup> Girls (2003)	Katie Schommer	St. Paul's, Ft. Atkinson	6:11	1.0 mi.
7 <sup>th</sup> Boys (2006)	Russell Sandvold	St. Matthew's, Oconomowoc	8:58	1.5 mi.
8 <sup>th</sup> Boys (2007)	Tommy Meister	St. Mary's, Janesville	8:27	1.5 mi.