

**31<sup>st</sup> Annual St. Paul's (Janesville) FLAMES Invitational Cross Country Meet**  
**Co-Sponsored by the Tuesday Morning Optimist Club**  
**September 9, 2011**  
**Results also posted at: [www.stpaulsjanesville.com](http://www.stpaulsjanesville.com)**

**FINAL RESULTS**

PLACE	TEAM	POINTS
1 <sup>st</sup>	St. Paul's, Lake Mills	466
2 <sup>nd</sup>	St. John Vianney, Janesville	475
3 <sup>rd</sup>	St. Paul's, Janesville	519
4 <sup>th</sup>	TSL, Watertown	569
5 <sup>th</sup>	St. Matthew's, Oconomowoc	576
6 <sup>th</sup>	St. Joseph, Ft. Atkinson	688
7 <sup>th</sup>	Peace Lutheran, Sun Prairie	702
8 <sup>th</sup>	St. Mary's, Janesville	711
9 <sup>th</sup>	St. Matthew's, Janesville	786
10 <sup>th</sup>	St. Paul's, Ft. Atkinson	788
11 <sup>th</sup>	OLA, Beloit	797
12 <sup>th</sup>	St. John's, Juneau	872
13 <sup>th</sup>	St. William's, Janesville	899
14 <sup>th</sup>	Eastside, Madison	953
15 <sup>th</sup>	St. John's, Jefferson	968
16 <sup>th</sup>	St. Stephen's, Beaver Dam	983
17 <sup>th</sup>	Lebanon Lutheran, Lebanon	997
18 <sup>th</sup>	Holy Cross, Madison	1008
19 <sup>th</sup>	Our Redeemer, Madison	1086
20 <sup>th</sup>	St. John's, Watertown	1115

**Explanation:** To determine TEAM POINTS for this meet, we took the first 3 runners for each school for each race and added up the numbers of each group. If a school did not have three runners for a particular race, they got one number higher than the last place person for that race. Grades with more runners pushed last places higher. This scoring method gives the slower runners for a school a feeling of being able to help their school win by adding to the total number even if they are not in the top 3 for their school. Each runner is rewarded with a certificate showing how well he or she did at the meet. **NOTE:** In each box on the FINAL TALLY SHEET, the # in the bottom right corner of each box is the score for that race.

**FLAMES CROSS COUNTRY MEET RECORDS**

<u>Grade &amp; Gender (Year)</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Dist.</u>
<b>4<sup>th</sup> Girls (2011)</b>	<b>Lizzie Uhl</b>	<b>St. John Vianney, Janesville</b>	<b>7:09</b>	<b>1.0 mi.</b>
4 <sup>th</sup> Boys (2010)	Max Thiele	St. Matthew's, Oconomowoc	6:37	1.0 mi.
5 <sup>th</sup> Girls (2007)	Morgan McCulloch	St. William's, Janesville	6:40	1.0 mi.
5 <sup>th</sup> Boys (2004)	Russell Sandvold	St. Matthew's, Oconomowoc	5:49	1.0 mi.
6 <sup>th</sup> Girls (2009)	Kaitlyn Foster	St. John Vianney, Janesville	6:21	1.0 mi.
6 <sup>th</sup> Boys (2005)	TIE Russell Sandvold	St. Matthew's, Oconomowoc	5:53	1.0 mi.
<b>6<sup>th</sup> Boys (2011)</b>	<b>TIE Blake McCann</b>	<b>St. John Vianney, Janesville</b>	<b>5:53</b>	<b>1.0 mi.</b>
7 <sup>th</sup> Girls (2007)	Madison Dumke	St. Paul's, Ft. Atkinson	6:09	1.0 mi.
7 <sup>th</sup> Boys (2006)	Russell Sandvold	St. Matthew's, Oconomowoc	8:58	1.5 mi.
8 <sup>th</sup> Girls (2003)	Abby Thrams	St. Paul's, Ixonia	5:54	1.0 mi.
8 <sup>th</sup> Boys (2007)	Tommy Meister	St. Mary's, Janesville	8:27	1.5 mi.