

**36<sup>th</sup> Annual St. Paul's Flames Invitational Cross Country Meet**  
**Co-Sponsored by the Tuesday Morning Optimist Club**  
**September 9, 2016**  
**Results also posted at: [www.stpaulsjanesville.com](http://www.stpaulsjanesville.com)**

**FINAL RESULTS**

PLACE	TEAM	POINTS
1 <sup>st</sup>	Home School Eagles, Clinton	564
2 <sup>nd</sup>	St. John Vianney, Janesville	640
3 <sup>rd</sup>	St. Paul's, Lake Mills	687
4 <sup>th</sup>	TSL, Watertown	690
5 <sup>th</sup>	St. Paul's, Janesville	696
6 <sup>th</sup>	St. Joseph's, Ft. Atkinson	721
7 <sup>th</sup>	St. Mary's, Janesville	796
8 <sup>th</sup>	St. Paul's, Ft. Atkinson	878
9 <sup>th</sup>	OLA, Beloit	906
10 <sup>th</sup>	Eastside, Madison	946
11 <sup>th</sup>	Peace, Sun Prairie	1056
12 <sup>th</sup>	St. William's, Janesville	1067
13 <sup>th</sup>	Lebanon Lutheran, Watertown	1108
14 <sup>th</sup>	St. John's, Jefferson	1137
15 <sup>th</sup>	Holy Cross, Madison	1189
16 <sup>th</sup>	St. John's, Juneau	1235
17 <sup>th</sup>	St. Matthew's, Oconomowoc	1261
18 <sup>th</sup>	St. Stephen's, Beaver Dam	1286
19 <sup>th</sup>	St. Matthew's, Janesville	1324
20 <sup>th</sup>	Holy Family, Fitchburg	1381
21 <sup>st</sup>	St. Patrick's, Janesville	1437
22 <sup>nd</sup>	Our Redeemer, Madison	1438
23 <sup>rd</sup>	St. Peter's, Helenville	1449
24 <sup>th</sup>	St. John's, Waterloo	1496
25 <sup>th</sup>	St. John's, Watertown	1533

**Explanation:** To determine TEAM POINTS for this meet, we took the first 3 runners for each school for each race and added up the numbers of each group. If a school did not have three runners for a particular race, they got one number higher than the last place person for that race. Grades with more runners pushed last places higher. This scoring method gives the slower runners for a school a feeling of being able to help their school win by adding to the total number even if they are not in the top 3 for their school. Each runner is rewarded with a certificate showing how well he or she did at the meet.

**FLAMES CROSS COUNTRY MEET RECORDS**

<u>Grade &amp; Gender (Year)</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Dist.</u>
4 <sup>th</sup> Girls (2014)	TIE Marissa Duddeck	St. Paul's, Ft. Atkinson	6:50	1.0 mi.
<b>4<sup>th</sup> Girls (2016)</b>	<b>TIE Mary Worden</b>	<b>St. Joseph's, Ft. Atkinson</b>	<b>6:50</b>	<b>1.0 mi</b>
4 <sup>th</sup> Boys (2014)	Aiden Worden	St. Joseph's, Ft. Atkinson	6:01	1.0 mi.
5 <sup>th</sup> Girls (2014)	Mya Hemling	St. Stephen's, Beaver Dam	6:30	1.0 mi.
5 <sup>th</sup> Boys (2004)	Russell Sandvold	St. Matthew's, Oconomowoc	5:49	1.0 mi.
6 <sup>th</sup> Girls (2009)	Kaitlyn Foster	St. John Vianney, Janesville	6:21	1.0 mi.
<b>6<sup>th</sup> Boys (2016)</b>	<b>Aiden Worden</b>	<b>St. Joseph's, Ft. Atkinson</b>	<b>5:52</b>	<b>1.0 mi.</b>
7 <sup>th</sup> Girls (2014)	Havilah Pfarr	Home School Eagles, Clinton	5:59	1.0 mi.
7 <sup>th</sup> Boys (2006)	Russell Sandvold	St. Matthew's, Oconomowoc	8:58	1.5 mi.
8 <sup>th</sup> Girls (2014)	Havilah Pfarr	Home School Eagles, Clinton	5:47	1.0 mi.
<b>8<sup>th</sup> Boys (2016)</b>	<b>Kyler Rasmussen</b>	<b>Home School Eagles, Clinton</b>	<b>8:05</b>	<b>1.5 mi.</b>